



WINTER 2025

SWIM FOR LIFE LESSONS

Military Registration NOT in current session: Nov 22*

Recreation Members NOT in current session: Nov 29*

Military and Recreation Members in current session: Dec 3

Non-Recreation Members: Jan 20*

All Registration Closed: Jan 31

For more information about registration please call the Recreation Office at (506) 422-2000 ext. 2749



*In Person Registration ONLY



SATURDAY

SWIM FOR LIFE LESSONS

Parent and Tot 1/2: 1430-1500

Parent and Tot 3: 1355-1425

Preschool 1: 1000-1030, 1145-1215, 1245-1315

Preschool 2: 1035-1105, 1320-1350

Preschool 3: 1110-1140

Preschool 4/5: 1145-1215

Swimmer 1: 1000-1030, 1035-1105, 1110-1140, 1145-1215, 1320-1350

Swimmer 2: 1000-1030, 1035-1105, 1245-1315, 1355-1425

Swimmer 3: 1110-1140, 1430-1500

Swimmer 4: 1245-1325

Swimmer 5: 1330-1410

Swimmer 7: 1415-1500

For more information contact the Aquatic Supervisor at
Murphy.Allysia@cfmws.com



SUNDAY

SWIM FOR LIFE LESSONS

Parent and Tot 1/2: 1630-1700

Parent and Tot 3: 1555-1625

Preschool 1: 1200-1230, 1345-1415, 1445-1515

Preschool 2: 1235-1305, 1520-1550

Preschool 3: 1310-1340

Preschool 4/5: 1345-1415

Swimmer 1: 1200-1230, 1235-1305, 1310-1340, 1345-1415, 1520-1550

Swimmer 2: 1200-1230, 1235-1305, 1445-1515, 1555-1625

Swimmer 3: 1310-1340, 1630-1700

Swimmer 4: 1445-1525

Swimmer 5: 1530-1610

Swimmer 8/9: 1615-1700

For more information contact the Aquatic Supervisor at
Murphy.Allysia@cfmws.com



MONDAY

SWIM FOR LIFE LESSONS

Parent and Tot 1/2: 1700-1730

Parent and Tot 3: 1735-1805

Preschool 1: 1700-1730, 1735-1805, 1810-1840

Preschool 2: 1700-1730, 1735-1805

Swimmer 1: 1810-1840, 1845-1915

Swimmer 2: 1810-1840, 1845-1915

Swimmer 3: 1845-1915

Swimmer 4: 1920-2000

Swimmer 6: 1920-2000

Adult: 1920-2000

For more information contact the Aquatic Supervisor at
Murphy.Allysia@cfmws.com